CHALLENGED ATHLETES FOUNDATION®
Presents

ÖSSUR® LEG AMPUTEE RUNNING AND MOBILITY CLINIC
Featuring Bob Gailey, PhD, PT
June 10, 2012 » 9:00am - 12:00pm » New Jersey/New York

Check-In begins at 8:30am

MENTORSHIP » MOBILITY » MOTIVATION

Peter Harsch, CP

Bob Gailey, PhD, PT

Össur®, the company responsible for making advanced performance prosthetics for the world's most elite amputee athletes, partners with the Challenged Athletes Foundation® (CAF), the organization that gets you started and keeps you going, to combine forces and bring you the most unique workshop designed for amputees to enhance your performance for sport and recreational activities.

YOU can learn how to run like a champion or simply improve your multidirectional mobility! Plus – you will receive instruction from renowned experts in amputee running and training, **Bob Gailey, PhD, PT** and **Peter Harsch, CP**.

Join us and learn:

- Leg over leg running.
- Proper running techniques to improve speed and balance.
- How to maximize prosthetic capabilities.
- Run in multiple directions for sports and other recreational activities.
- Training techniques and sport specific exercises.

Join us to:

- Share your experiences with sport and recreational activities.
- Make new friends and find a training partner.
- Be a part of an unforgettable day and a CAF experience that is changing lives all around the world.

ALL AGES AND ABILITIES ARE WELCOME. REFRESHMENTS WILL BE PROVIDED.
NO COST TO ATTEND THE EVENT.

LOCATION:
James Braddock Park
Vincent Ascolese Field
JFK Blvd E at Park Drive
North Bergen, NJ

TIME:
9:00am - 12:00pm

TO REGISTER:
http://crs.kintera.org/NJNYrun

TO VOLUNTEER:
http://crs.kintera.org/NJNYrunvol

FOR MORE INFO:
Jill Prichard
858-210-3508
jill@challengedathletes.org