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Premium Sized Knee Immobilizer - 12” & 16” Length

12” Part #	16” Part #	Size	Circ.
200002	N/A	XSmall	12" - 14" (31 - 36cm)
200003	200013	Small	14" - 16" (36 - 41 cm)
200005	200015	Medium	16" - 18" (41 - 46 cm)
200007	200017	Large	18" - 20" (46 - 51 cm)
200008	200018	XLarge	20" - 22" (51 - 56 cm)

Premium Sized Knee Immobilizer - 20” & 24” Length

20” Part #	24” Part #	Size	Circ.
200023	200033	Small	14" - 16" (36 - 41 cm)
200025	200035	Medium	16" - 18" (41 - 46 cm)
200027	200037	Large	18" - 20" (46 - 51 cm)
200028	200038	XLarge	20" - 22" (51 - 56 cm)
200029	200039	XXLarge	22" - 24" (56 - 61 cm)

Universal Foam Knee Immobilizer

Part #	Length
200130	14”
200140	19”
200150	24”

For Hot/Cold therapy gel, add “E” before the part number <u>except</u> the 12” Premium Sized Knee Immobilizer.

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KNEE IMMOBILIZERS

Premium Sized & Universal Foam

ÖSSUR

Life Without Limitations

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Knee Immobilizers

Premium Sized & Universal Foam

USES

Emergency, pre and post operative knee immobilization.

Patients should be instructed to inspect their knee and the product before and after each use.

PHOTO CAPTIONS

A. Softgood
B. Popliteal pad
C. Adjustable contact closure straps
D. Hot/Cold therapy gel pads(optional)
E. Aluminum stays
F. Patella opening
G. Elastic patella cover

FITTING INSTRUCTIONS

1. Remove adhesive strip backing on popliteal pad. Position pad on softgood in popliteal region for added comfort.
2. Place hot/cold therapy gel pads in support, if desired. Follow Hot/Cold Therapy instructions for proper use.
3. Apply support to leg on a horizontal surface. Center the knee in the patella opening.
4. Fasten contact closure straps starting at the bottom and working upward. For best fit, fasten straps in correct order. Do not over tighten. Adjust straps as necessary.
5. Attach elastic patella cover over knee, if desired.

HOT/COLD THERAPY

1. For cold therapy, remove gel pad from brace and place into a freezer for approximately 20 minutes to 1 hour. To reduce swelling, apply directly to the skin with leg elevated for 20 minutes.
2. For hot therapy, remove gel pad from brace and place in microwave oven for 20 second intervals at low setting until hot. Do not use oven or flame to heat the gel pad. Do not apply heated gel pad directly to skin. If too hot, allow to cool before applying.
3. Once gel pad is hot/cold, use contact closure tabs to adhere it into the brace to continue therapy. Diabetics and patients with vascular insufficiencies must always consult a physician before using hot/cold therapy.

WASHING INSTRUCTIONS

1. The brace may be cleaned using a mild detergent and cold water. Do not wash in washing machine.
2. Lay brace out flat on a towel and air dry. Do not squeeze or wring out the brace. Do not place in dryer. Do not place near heater. Do not use bleach or strong detergents.

Knee Immobilizer with Gel is covered by one or more of the following Patent Nos. 4,913,755; RE. 35,113. Other U.S. and foreign patents granted and pending. ® indicates registration in U.S.A. and selected countries only.